A Fun Guide to Exhibitionism

Written by Michael & Phoebe

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We were asked to write an article on exhibitionism since we've both had

a lot of experience on the subject. The most important thing to

remember about exposing yourself to others is to use commonsense. If

you'll get hurt, or in deep trouble, then you probably shouldn't do it.

As a couple, we met while on a nude beach in Europe. The reason we were

on that beach was because we both enjoyed showing off our bodies in

public. That experience was our first as a couple, but definitely not

our last go at exhibitionism.

Hi, this is Michael:

I will be the main narrator of this piece, but I'll have lots of help

from Phoebe, as usual. She's my inspiration in most things I do. She's

much sexier than me and has always been able to make me crazy even with

the smallest things she does.

I still remember the first time I saw her on that beach on the Spanish

Riviera. She was one of thousands of people laying nude on the beach.

But there was something special about her that drew me to her. It

wasn't that she was the hottest looking woman there. Although my Phoebe

is a babe, but that wasn't it.

I think the most attractive thing about her on that beach in Spain was

that she was so comfortable with her nudity, it almost looked like

innocents when she walked or stopped to talk to people. She looked like

she was anyone you might meet on the street, only she was stark naked.

Even folks like me who are comfortable with their body can't pull off

what Phoebe does. She was one of the most popular females on that beach

and to this day I still can't tell you why she picked me, all I can say

is that I'm happy and honored that she did, and I try everyday to show

her how I feel about her.

One last prequel note: Exhibitionism isn't for everyone. If you're

reading this and you don't get it, then my suggestion is to close the

file and move on to something else. If you're like me, you'll find

something in the following text to get your interest and you'll be able

to build on that.

Now, let's discuss exhibitionism:

The Definition of exhibitionism: Ex-hi-bit-ion-ism n. 1. a tendency to

call attention to oneself or show off. 2. a) a tendency to expose parts

of the body that are conventionally concealed. b) an instance of such

exposure.

There are several levels of exhibitionism that we will outline in this

article. We term them as; "Beginner" - "Intermediate" and "Advanced+

exhibitionism. As you might suppose, each level becomes more involved

and has more associated risk attached to it, since in most countries

exhibitionism is not a legal practice - outside of a few designated

locations.

A prerequisite to being a true exhibitionist is that one must be driven

to exhibit oneself to others in public. The act of exposure will give a

"special high" that will become addictive. The true exhibitionist will

seek out opportunities to show themselves to others whenever possible

and in more and more inventive ways. The object, however, is to exhibit

ones body without being tossed into jail.

Preparation is half the battle won. Always pick the right place, time

and audience for your exhibitionism, and have the right equipment to

make the experience a successful and enjoyable one. We will talk about

"place" - "time" - "audience" and "materials required" for each level

of exhibitionism that you may wish to try. But it is important to walk

before you run.

Start at the beginning and slowly work your way up the latter. "First

times only come once" and the second time is never quite as good. So

take your time and experience each level, becoming more expert in

pleasing yourself, your mate or partner, and even your audience.

Because they will be your biggest critic and if they don't like what

you do, or if they are offended by your actions, you could end up is a

big pickle.

EXHIBITIONISM PHILOSOPHY

Your audience should enjoy the experience as much as you do. If they

don't, then you did something wrong and should change your act. That is

the key, learn from your mistakes and you'll have a nice long career as

an exhibitionist.

THE RIGHT TIME: The most important thing to consider when practicing

exhibitionism at any level, is to pick your audience carefully. As an

extreme example; you wouldn't expose yourself in church. You'd never be

able to show your face again in that church, because no matter how

kinky the folks there might be, they won't want to see your body in a

place of worship, and they would be offended.

Also your workplace can be a dangerous place to get your jollies. To

mess around where you earn your sustenance is a foolish thing to risk,

unless you know your audience well.

On the other hand if you're in a bar and the alcohol is flowing, and the

friends you're with seem amenable, there are a million little

opportunities to practice exhibitionism.

THE RIGHT PLACE: Always consider where you are. Where the exits are, how

far your car is from you. Always have an exit plan just in case

something goes wrong, like an undercover cop is in the crowd. Don't be

foolish and take undue risks. As an example; if you expose yourself to

a crowd of people, make sure you're far enough from the "closest

person" so that you can get away without getting tackled.

THE RIGHT AUDIENCE: Be aware of the people around you especially if

you're a female. There's nothing worse than a little innocent

exhibitionism turning into a non-consensual gang-bang. The safest rule

of thumb is to know your audience, or if that isn't possible, at least

consider carefully who you're exposing yourself to and where your exits

are.

It's not as important for guys, but women would be wise to have a

partner near as added security. But partnerships even work well the

other way around. A couple is more disarming than a single person of

either sex. Couples are generally treated with interest when something

unexpected happens in front of onlookers.

THE RIGHT MATERIALS: You'd think that nothing but a naked body and

stranger's eyes would be necessary to perform exhibitionism, but you'd

be wrong. If you could go around exposing yourself with total immunity,

where would the fun be? So when out for a jaunt of exhibitionism,

you'll need to consider what you're wearing and how you can best cover

up or "disappear" if needed. This would include under some

circumstances, a change of clothing, even a hat so you would look

different than you did at the time you exposed yourself.

Also the clothing you wear can add much to the experience, especially at

the earlier levels of exhibitionism. As an example; When Phoebe and I

first began to really experiment with exhibitionism we started in

college. She would sit in the quad wearing white tennis shorts and

she'd be studying for several hours at a time and at the same time

she's tease the guys around her by inadvertently flashing more flesh

than normal.

This type of "unintentional exhibitionism" is a great way to start out.

The only caution I will note here is that you can't do it all the time

were people know you. If you do, you'll get the reputation of being

either dumb or a slut (male version; dumb-ass, or a pig).

But to flash a little beaver or some nuts through the leg hole of your

shorts once, even to a friend is exciting, especially when you planed

it and they don't know it, but they stair all the same.

CAUTION: I'm not going deeply into cautions. Let it suffice to say that

if you do things that are stupid, like exposing yourself to school

children or offending the wrong people, well, then you're on your own.

I suggest that your audience be the same general age or older than

yourself, and that you select the situations carefully. If you follow

these two suggestions you should have some arousing experiences.

WHERE TO START: Exhibitionism can be something as simple as not wearing

underwear and opening the fly to your jeans while walking through the

park. Even though no one will probably notice, you'll know and as a

beginner it will be exciting. The breeze on your privates will

definitely get the juices flowing.

THE THREE STAGES OF EXHIBITIONISM:

THE BEGINNER:

If you've thought about exposing yourself to others, or even if you have

done so a few times under certain circumstances, I suggest that you

stick with the following procedures and "think" carefully how to

exhibit yourself safely and inoffensively. Some situations can be

totally offensive to some people and knowing who and when and where is

the key to having fun, not problems.

As a beginner exhibitionist you should stick with "what" - "who" and

"where" you're comfortable with. There are a lot of ways to expose

yourself without any risk at all, other than personal embarrassment.

(And if that's a problem, then stop reading here and turn on the TV. I

hear there's a good episode of Gilmore Girls on tonight.)

To become an exhibitionist you have to get used to being blatant about

your sexuality. When starting out you will be nervous and a little

frightened (which can be fun) that's why we suggest that you start with

someone you know and trust.

If you're lucky like me, you'll have a significant other that you can do

it with. The easiest way to get started is to expose yourself to your

lover and visa versa. I suggest that you tell your lover that you've

been fantasizing about being an exhibitionist and that you want to try

it with your mate.

There are many simple ways to go about this type of exhibitionism. We've

listed a bunch of things you can do to see if this is the kind of thing

for you. All of the things listed in the beginner section should be

safe to perform if you use common sense. They are listed in degrees of

difficulty: (These suggestions can be performed with a spouse, trusted

friend, for both heterosexual and homosexual couples. Or in most cases

can be done in variations all by yourself.)

1. ONE-ON-ONE EXHIBITIONISM: One of the things that couples do anyway is

to masturbate in front of each other. But most couples don't masturbate

all the way. They don't beat-off or rub-off squirming around and

moaning and groaning and putting on a show until their body jerks in

passionate release, while their partner looks on.

Just the decision that you or your partner is going to masturbate until

you cum, while the other watches closely, can add a lot to the orgasm.

2. VIDEO EXHIBITIONISM: Home movies. If you trust each other, doing the

deed while the camera is rolling is a real pumper for the ol blood

pressure. Phoebe did that to me once, she went out and bought a video

camera and when I got home from work she told me that she wanted to

"see" me fuck her. That was a moment in time that neither of us will

ever forget. (the fact that she came up with that blew my mind at the

time.)

{Note from Phoebe: Don't be discouraged if when you view your home

movie, you don't look all that sexy. We were both disappointed with the

first time. The doing was lots of fun, but the video sucked.

What was fun was learning how to make a sexy porno video. Because we

did. Practice makes perfect and we soon could roll out some pretty hot

stuff. We still have the tapes and have pulled them out of the closet

from time to time for our own entertainment as well as for a select few

friends. }

3. EXHIBITIONISM BY OMISSION: Stop wearing underwear all together. Just

knowing that there is only one layer of fabric between you and the

public's eye can be a secret turn-on. This can be enhanced in the

summer months when you can "legally" walk around in shorts. Why not

walk around in swim trunks, it's legal and you can't wear much less and

still be clothed.

Guys have an advantage here because they can wear tight shorts or swim

trunks and when they're hard it's obvious what's going on, and unless

you throw a rock as someone, it's perfectly legal to have a hard-on

that shows, as long as it's covered. (Yes, it takes some guts.)

As far as the girls are concerned it's obvious what part of her under

garments to leave off. Yes, there's nothing sexier than a couple of

nipples pushing against a thin t-shirt. Women can also be

exhibitionists without ever worrying about getting in trouble for it. I

can't think of any guy who would complain about a little nipple action.

4. SURROGATE EXHIBITIONISM: Simply put; take a picture of your "body

parts" or "whole self" that can't be recognized as you personally --

and place the picture somewhere, where it will be found; while you

watch.

I did this as a teenager. I took a Polaroid of my hard-on and stuck it

in a car's window where it was impossible not to notice. I did it twice

and both times were very satisfying.

What I'd do was hang around in the parking lot of a grocery store and

wait until a car pulled up with several teenage girls in it. Then when

they went into the store I'd walk over and stick the photo in between

the rubber seal and the window so the driver couldn't miss it.

There's nothing like watching pretty young things your age (especially

if you know them) come out of the store to find a picture of your hard

meat stuck in their window. It's a turn on to watch their reaction from

bored shopping mode to excited glee when they get an eyeful of your

maleness, maybe in some cases, it's the first time in their life that

they have seen a male member fully hard. (This is less likely nowadays

with the prolific Internet.)

I would station myself not very far away and pretend boredom. I'd wear

sunglasses and have a ringside seat to the whole thing. I could hear

their remarks and watch up close their excitement. I never had a bad

experience, I never offended my audience, and the masturbatory

experience afterwards was magnificent. There's nothing like jerking off

to the fresh vision of hot young women jumping up and down in glee and

exchanging excited comments about one's manly refection. (Tip: handle

photo carefully so there are no fingerprints.)

FYI, this whole scenario works just as well if not better the other way

around. Many years later, I talked Phoebe into joining me in this type

of exhibitionism. We were staying in a Southern Florida campground when

we were on our extended honeymoon. I took a picture of her laying in

the van (our travel home for 6-weeks) with her face turned away, but

otherwise showing all of her obvious accoutrements.

Then we waited for a good opportunity to stick the Polaroid in the

window of a car that had just disgorged 4 guys who were maybe 19 or 20.

While Phoebe and I watched them come back to their car and notice the

photo stuck in the crack of the window.

It was like watching a bomb going off. They whooped and hollered and

danced around. I thought they would have a heart attack by the time

they finally jumped into their car and sped away. It was almost amazing

the effect that my honey's nakedness had on those guys. I think it was

the fact that it was obviously an amateur shot of a real female, and of

course a pretty one.

{A Note from Phoebe: I will admit here and now that, that experience was

a lot of fun. I don't think I really even needed to have a great body

to have gotten that reaction from those boys. But the reaction was very

faltering and exciting to see. We've done the same thing several more

times and I've never been disappointed in their reactions.

We even did one of me to a group of girls and we did one of Michael and

me screwing and tried that with girls, and that was the biggest hit of

all.

The point I'd like to make is that this is a fairly tame form of

exhibitionism, that is safe and if you pick your audience carefully

it's a lot of fun for everyone. (One note of caution: Make sure that

you don't get recognized while you're watching the show. I almost was

spotted once by a group of guys that were ogling my picture and if

Michael hadn't been with me and if we hadn't been able to look totally

unaware, it could have been interesting. }

5: CELL PHONE EXHIBITIONISM: Nowadays with all those cell phones that

can take pictures and send them to other cell phones it makes the

possibilities endless. I assure you that at the teenage level -- it is

pretty much what is already going on.

Parents, if your teenager has a phone that takes pictures, you're

encouraging an exhibitionist. It's totally common nowadays for kids to

send pictures of their body parts to other kids. There are even people

who collect these pictures and put names to body parts etc.

Phoebe and I have played around with this a little, but it's pretty tame

for us. But we can appreciate the possibilities for the beginner.

6: BACKYARD EXHIBITIONISM: This was one of my very first experiences.

When I was a kid I was out in the backyard feeling horny and pulled my

pants down and began to play with myself. After all, kids will be kids,

and when they're all by themselves, well, why not?

The only problem was that my next door neighbor's kid was peeking over

the fence and I didn't know it until I was walking in his direction

with a stiffy poking out before me and looked up to see his face

wide-eyed looking back at me.

I was super embarrassed, but eventually (weeks later) I got him to join

me and we even showed off ourselves to his sister and her friends. You

see, he was as excited as I was when he caught me, and it didn't take

much effort to get him to show me his dick fully hard and let me see

mine again.

Once we got used to seeing each other we wanted to get more kids

involved. That's when he thought about his sister. So we set it up that

she would catch us sunning ourselves naked in my backyard. Since both

of our parents worked and didn't get home until dark, we always had the

place to ourselves in the afternoons.

The first time we did it, Jamie, (my friend) and I waited until we knew

that his sister was home then we made enough noise that we knew she

knew we were in my backyard. That's when we stripped naked and lay on

towels, positioned feet first toward Jamie's house so if his sister

looked she'd get an unobstructed birds-eye view at our manly parts.

We did that several times before we struck pay dirt. Looking back even

though it took several times before his sister "caught" us, it was

still intensely exciting to be laying next to Jamie naked to the world

and each other, waiting to be discovered by a girl. (Back then neither

of us really knew about masturbation, not having had an orgasm yet.)

When it finally happened it was mega exciting. I remember the moment

when his sister Janey discovered us laying there naked in the sun. I

heard an audible gasp from the other side of the fence. And when after

a while I raised myself up onto my elbows to "get a drink" I could make

out her shadow between the slats of the fence boards.

Being no more than 11 at the time there was no way that we were going to

be able to control our boners. We were as hard as rocks as we lay there

being watched by Jamie's sister. I was so excited that I could hardly

breathe. I remember that afternoon like it was yesterday.

We did the same thing the very next day, and everyday for a week. And

without fail Janey was there looking at us. The next week turned out to

be even more exciting, because Janey invited her girlfriend to see. And

then there were three shadows and then four.

That's when I decided impromptu to give them even a better show. At the

time it seemed natural to touch Jamie, I didn't think anything of it

when one day we were lying out in the yard naked with hard-ons while

those female shadows were shifting around behind the fence, trying to

get a better view.

I reached over and wrapped my fingers around Jamie's dick and began to

jerk him off. I'd done that to myself before because it felt good, even

though I didn't know exactly what it was all about, I knew that was

something that was done.

The response I got from Jamie was a total surprise though. He sat up

like a rocket and pushed my hand away and he yelled at me for touching

him. He called me a couple of rude names and got up and pulled his

shorts on and left.

I was really flustered by Jamie's reaction. To me it seemed like a fun

thing to do. I knew that I wouldn't have minded if he'd jacked me off.

As it turned out the girls hadn't minded the show because I ended up

being friends with a couple of them over the next couple of years and

even had sex with one of them when I was in the 7th grade. She told me

that she'd seen Jamie and me sunning naked in my backyard back when we

were kids and from that time on she had always wondered what it would

be like to have sex with me.

This scenario works as well for female exhibitionists as it does for

males, maybe even better because women don't tend to show obvious signs

of arousal and can better disguise that they are innocently showing

off.

Using your imagination, there are many other ways to "innocently" show

yourself off to strangers and friends alike. As a beginner the key is

to only use scenarios that you can deny culpability. If it is was an

accident, then what can anyone say?

But once you've used up the excitement of the beginner's scenarios, it's

time to get a little more daring.

It would be easy to continue a list of many, many more things that a

beginner exhibitionist could do, but for brevity sake, we'll leave

those up to your imagination and move on to the next level.

THE INTERMEDIATE EXHIBITIONIST:

With the experiences of multiple exhibitionism episodes you'll be more

streetwise about what, when and who to practice your craft on. When

you've had time to devise techniques that work for you it's time to

move up in order of difficulty and excitement.

The intermediate exhibitionist should come to the game prepared. Two

things are essential for success, one; a companion to help, and two;

the proper clothing. For men, lose fitting baggy clothes are best, for

women a skirt is their best friend.

Baggy pants can conceal slits in strategic places, while a skirt can be

easily raised and lowered. Some examples of intermediate exhibitionism

are:

{ A Phoebe note: Michael likes sweatpants best because they can be

pulled down and back up faster than just about anything else, that

works for the female too I suppose, although I'm a little old fashioned

and still like skirts and showing my legs off. }

1. PUBLIC FLASHING: This is something that women have an advantage with.

If a guy pops the weasel out for a woman, she might scream rape and

call the cops. But it is very unlikely if the woman does the same thing

(And uses basic good judgment), that any man would do that. A woman who

opens her legs across the isle from him at the airport and shows him

something he didn't expect to see will usually be appreciated and not

screamed at.

But even guys can get away with this. They had just better stick to

their same age group or at least an older audience between 18 and up.

Don't go to jail for showing a young person what a man has between his

legs. It might be exciting to flash at an underage girl or boy, but the

risk isn't worth it when there's a universe of other people less

dangerous to entertain.

2. THE PARKING LOT FLASH: As you might already have guessed, one of my

favorite places to flash is shopping center parking lots.

You know those people that stick fliers in windshields, or panhandlers.

It takes a certain amount of nerve, but it's also quite funny to see

people's expressions when they come up to the car and look in to see a

woody looking back at them.

I've done that many times all over the place and never had a bad

experience, but even if I did, I'm sitting in my car, in my space, and

the "voyeur" is outside looking in. Also if trouble arises, you can

start the car and drive away.

The best experience I ever had with the parking lot flash was when I was

in LA and a homeless woman (type) asked me if she could suck me. I was

shocked, but finally after scoping her out a little I let her in and

got a nice blowjob that ended with me cumming in her mouth.

Afterwards, the lady told me that she loved giving head but hadn't had

the opportunity to do it for years. She said that if I was willing to

show my dick to her, she felt safe in asking me to let her blow me.

I'm not saying that anything as nice as that would happen to you. All

I'm saying is it's fun to do and I never had a bad parking lot flash

experience.

{A note from Phoebe: Michael makes this blowjob sound like it is

something people should do. He might have used better judgment than to

allow a stranger to give him a blowjob because you can still get some

dieses even from oral sex.}

3. THE CASUAL FLASH: I talked my wife into flashing guys at an outdoor

market once. She sat in one of those sidewalk cafes and whenever she

found a likely guy, she'd just open her legs so he'd get a view of her

shaved pussy. Phoebe has one of those body's that look so inviting

hairless. Her complexion is peaches and crème and her skin is almost

flawless. But even if you're not the most beautiful woman in the world,

just the fact that you're willing to experiment sexually, will make you

a goddess to most men. And some women as well.

{A note from Phoebe: The casual flash isn't something that a woman

should do unless she's had a lot of exhibitionist experiences

beforehand. It takes increasable nerve to expose yourself to a

stranger, especially a strange man. It can even be dangerous if you

pick the wrong guy. At the very least have someone there to help you if

you need it. }

4. INTERMEDIATE PUBLIC SEX: This might sound like it should be for

advanced exhibitionists, but if done as described in this scenario it

is pretty safe. I'll outline the advanced version of this later.

The safest and most satisfying couple exhibitionism is to "do it"

outside where people can see you in the act, but where you're far

enough away, that if necessary you can get away. And even more

importantly, far enough away so you don't get any joiners.

My wife and I have had sex out in the open many times and we've been

watched so many times that I can't begin to tell you how many. We

always find a lake or reservoir, where there is a parking area and we

trek around to the other side, where we spread a blanket and fuck.

The problem I find is that I never can last for very long doing it

outside; knowing that people are probably watching us. No matter how

many times we've done it I always blow my load within a minute or so.

It's just too stimulating knowing that a bunch of people are watching

you fuck your wife. I dare any guy to hold out for very long under

those circumstances.

5. SUNTAN EXHIBITIONISM: This can be performed wherever you are

comfortable exposing yourself and where you have a chance of someone

seeing you; otherwise, what's the point, right? You can do it at a

friend's weekend place, or on the roof of a downtown apartment

building, or on the balcony of your hotel.

If you do it with a partner your only problem will be keeping your hands

to yourself, because it's pretty darned sexy lying out under the sun

nude, especially beside an attractive friend or spouse. (This is the

adult version of the beginners Backyard version. Only now you're doing

it in varied places, not just your backyard.)

6. SWIMMING POOL EXHIBITIONISM: Very similar to the suntan version but

the fun part is screwing in the pool, although a single person can

"hang out" by themselves. I include this because Phoebe and I do it

quite a lot. Several years ago a developer built a townhouse complex on

the side of a hill looking down in our backyard.

At first I was pretty pissed that we'd lost our privacy but one evening

around dusk Phoebe became amorous and we fucked on the cool decking

beside the pool. All the while we were going at it she kept whispering

in my ear, "C'mon stud, their all watching you, fuck me harder!"

Even though I didn't last very long, I really enjoyed myself, and we've

had swimming pool sex more times than I can remember since then.

7. VOYEUR EXHIBITIONISM IN PUBLIC: Who can blame you if your clothing is

disheveled and a passerby or fellow loafer gets an eyeful of something

by "accident" when they look your way. That is the easiest way to

expose yourself without risk.

I was first introduced to this technique by a friend of mine. We were

roommates at an apartment complex and he'd lay out by the pool in loose

fitting trunks. They were made of canvas so that they stood up and if

you were sitting across the pool from him you could see right up the

leg holes.

At first I thought he didn't realize this and pointed it out to him when

I saw a lady focus in on him. We were in our late teens and she was old

enough to be his mother. It turned out that he knew exactly what he was

doing, and he was also very popular with the ladies our age it seemed.

I watched as several women in their 20's walked back and forth

surreptitiously glancing at his family jewels thinking that they were

getting something special without him knowing it.

I have used that variation many times since to great effect. I've

actually masturbated while being watched by people who thought they

were getting a show without my knowing it. That is always great fun and

most pleasurable to boot.

4: ACCIDENTAL EXHIBITIONISM: This is one of my favorites. Even though

this is technically a beginner level situation I always suggest that

you wait until you've had some experience before trying too much of it.

Even though you have deniability, if you don't handle it right, you

could get into trouble, so I have listed it in the intermediate

section.

I like the reaction I get when I do this type of exhibitionism.

Generally the scenario is me diving into the ocean or pool and losing

my trunks. I'm good at making it look real.

When I come out, there's nothing I can do but cup my nuts with my hand

and walk over to my stuff; hold something in front of me to show I'm

trying to be modest, as I slowly make my way to my car. I never hold

the shielding too closed to my crotch so that if someone wanted to

crane their neck to really see something, they would get an eyeful.

I'm always very hard by the time I get to the car, and anyone who gets

an eyeful by then, really does get a eyeful.

I've even got lucky once in Pismo Beach one Saturday afternoon when I

ran this scenario. One of the pretty girls hanging around offered me

her towel, which I took and wrapped around my waist. I sat with her and

we struck up a nice conversation.

What finally got me in into her bed was the "first" impression I'd made,

when I had my "accident" losing my trunks. Later she told me that she'd

been really impressed at how unconcerned and self-assured I was about

waking across the beach naked. She also said that since I couldn't

really hide anything, that she was able to tell what I looked like

naked, which got all the awkwardness out of the way up front.

My wife has since done the nude beach scene too at my urging. She has an

excellent body and watching her shyly running up the beach clasping a

newspaper or just her arm in front of her boobs really gets me hot. It

also took a lot of other guy's eyes along with her. I'm positive that

there are a bunch of guys who will never forget their experiences when

Phoebe danes to play beach games with me.

5. TRADITIONAL EXHIBITIONISM: There are so many organizations that offer

the opportunity to get yourself off in public that I won't try to list

them here. Nudist groups, swinger groups, they're all listed on the

Internet, and they're pretty safe as far as the authorities are

concerned.

I've done my share of "nudist colonies" and they're okay, but I have

always liked to walk on the edge and go it alone. But these are an

experience that anyone who practices exhibitionism should at least try.

There is a special freedom to the experience.

There are countless other scenarios that I could describe to you for the

intermediate exhibitionist, but again, for brevity's sake, I'll leave

something to your imagination.

The thing to keep in mind when performing the intermediate level of

exhibitionism is that you need become comfortable showing yourself off.

You'll always get some breathless excitement, but if you're at the mind

numbing stage when you're naked in front of others, then don't try the

advanced versions.

You'll know when you're ready to advance when the things you do

currently become a little lackluster. Take my word for it when I say

that to perform at the advanced level, you have to have your wits about

you or you could be in big trouble.

{A note from Phoebe: Sorry, but I have to put my two cents in here. I

agree with everything Michael just said, but I'd like to add that you

can advance safely before your time if you partner up with an

experienced person. That's what I did before I met Michael, and I found

it both exciting and quite informational. }

The Advanced Exhibitionist:

The addicted exhibitionist will take risks, weighing the risk against

the pleasure. There is no deniability, and no excuses. If you screw up

you get into trouble, plain and simple. Only the very

dedicated/addicted will play at this level.

Taking risks is what the advanced exhibitionist is all about. Can you

get away with it? Can you perform under pressure? The excitement is

unparalleled, and the sex afterwards and in some cases during an

episode is the most intense you'll ever experience.

Here are a few scenarios that will better explain what I'm talking

about.

1. THREESOME EXHIBITIONISM: Yes, this means that you bring someone else

in to your relationship. Just like when you first began to experiment

at the beginner level in front of your lover, this is basically the

same, except you're doing things in front of a person outside your

relationship. It's almost like the first time, because there are new

eyes involved.

My wife and I have on occasion brought others into our bed. Threesomes

are hot, but it takes a firm relationship between a loving couple to

make it work without destructive influences. If you're having problems

in your relationship, a threesome won't help.

But if you feel confident about your relationship and have the

opportunity to pick someone nice, there's nothing more exciting than

seducing a third person, be it male or female, by using a little

exhibitionism.

I brought in our next-door neighbor who was a military wife, all alone

and quite miserable while her husband was overseas in Iraq, (Desert

Storm era). Both her and her husband were friends with my wife and I

and we had talked often. Neither of us had kids and knowing that she

was lonely, I invited her over for dinner one night.

That first invitation turned into another and then another and

eventually she'd come over every Wednesday evening for supper. We

talked about many things and the subject of relationships finally came

up. I told our friend that we kept our relationship fresh by doing

different things sexually.

We'd had a couple of glasses of wine and that's probably what made our

friend ask me what we did. I told her that we did all kinds of things

but that one of the things we did that I liked the most was having

swimming pool sex. I explained that the combination of cool water and

warm pussy was heavenly.

There was an awkward silence, then my wife jumped in and said that she

liked it as much as I did, because what was good for the goose was even

better for the gander. We all laughed about that and had another glass

of wine.

The pool sex thing was really an effort on my part to get our pretty

neighbor thinking about us in a sexual sense. But it turned out to have

worked faster that I'd figured. My wife and I hit the pool as soon as

our friend went home. We splashed around and made an appropriate amount

of noise.

Yes, I was hoping that our neighbor would be curious. And sure enough,

as I flipped my trunks up onto the decking and pulled my lovely wife to

me I heard a noise from the other side of the fence. What a charge that

was, to know that our pretty, but lonely neighbor was watching us.

Soon Phoebe and I were going at it in the water, gasping and groaning to

our hearts content. When I came I made sure that our audience knew it.

Phoebe came too, and no less noisily.

{A note from Phoebe: Michael in his infinite wisdom didn't tell me that

we were being watched. His excuse was that he wanted it to look

natural, and he was afraid I might give it away. My point is, that

couples are two people, and if one of you are going to get enjoyment

from an act of exhibitionism, then share it. Michael won't make the

same mistake again.}

Within a week of that night our lonely neighbor was in the pool with us

moaning and groaning, sandwiched between our bodies enjoying the

pleasures of three-way sex. (All thanks to a little exhibitionism.)

We kept up our threesome for the 100 days that our neighbor's husband

was away in Iraq. But when he came home our friend didn't want him to

know what she'd done, and if that's the way she wanted it, then we'd

keep our mouth's shut.

2. SWINGER EXHIBITIONISM: The next best thing to being naked in public

is going to a party where an orgy is being held. The interesting thing

about swinger parties is that in this day and age you can get away

without fucking anyone but your mate, especially when you're new.

With all the diseases out there now, most people want to get to know a

potential sex partner before they dive in. But during that initial

party, you and your mate can put on a real show for everyone.

The first time my wife and I did that we had the added stimulation of

wondering how it would all end up. You never know what will happen when

you're doing something for the first time, and I had visions of my wife

getting gangbanged by a bunch of strange guys. That isn't something I

wanted to happen in real life.

As it turned out, we had a blast. Phoebe and I fucked our brains out in

front of an audience of more than 20 other couples. We are pretty

accomplished at sex and had experienced enough exhibitionism sex that

we performed well. (That is, after I blew my first load almost

instantly.) And once we got into the "swing" of things we were a hit.

I'll admit that most of our popularity was based upon my wife's

performance. She played it to the hilt with her cries of passion and

whimpering. It was hard to hold back from cumming too soon, just

because she was acting so sexy.

(A note from Phoebe: Be aware; if you attend a second party of a

swinger's group, be prepared to share your mate. The "get to know you"

period isn't real long with this group of citizens.)

3: EXHIBITIONISM AT WORK: This is something you have to be very careful

about. You have to know your audience, but it can be very satisfying

too. I first tried workplace exhibitionism with a pretty co-worker that

I was romantically linked with. Her name was Donna and she was the

accounts payable clerk and I worked in, in-house sales.

At first I would sit with her at her desk at lunchtime and we'd eat our

lunch. One day after an intense night of sex the evening before I was

still feeling amorous and when no one was around I unzipped and pulled

my johnson out fully hard. My intension initially was to show my lust

and arousal, but when she smiled and began to jack me off it turned

into something else.

Before she finally went back east to continue her education we found

ourselves tempting fate over and over again. She would sit at her desk

and give me beaver and I would stand behind her outside after work with

my hard dick up her skit from behind.

We never did get caught, but it sure was fun doing nasty things to each

other with the threat of getting caught by prying eyes. And we'd replay

the events later at home which always added a lot to our sex.

4: EXHIBITIONISM IN PUBLIC: This is a scenario where you show it to the

world. (Best performed in a town not your own.) Phoebe has flashed cars

from an overpass in LA. It was something else to see too. She climbed

up on the over pass and dropped her overcoat into my waiting hands and

stood against the chain link for a full minute.

During that time we built up an audience at the overpass and about a

hundred cars from below got an eyeful. Lots of honking going on. Then I

threw her the coat and we jumped into the car and fled the scene.

Now, unless you've done something like that you might not think it was

all that big a deal, but let me tell you, you're really hanging out

there, anything can happen, including cops grabbing you or an unruly

spectator getting involved.

I'm not much for standing naked in public, but I had to do it once to

satisfy Phoebe. I did the same thing at a different overpass. I even

stuck my hard-on through the chain link. And let me tell you, keeping a

hard-on while your blood pressure is skyrocketing is a real feat. But I

love to exhibit myself so even public exhibitionism doesn't get me

down. (Pun intended.)

5: SEX IN PUBLIC: This is the holy grail of exhibitionism. Have you ever

watched a couple fucking? If you have then you know how exciting it is

to see. Imagine if you were the ones performing!? Yes porn stars do it

all the time, but guess what? They like exhibiting their bodies too,

why do you think they get involved in the first place?

Our biggest and most dangerous sex in public was at a football game in a

southwest city of the sun. It was a college game and I had been away

for several weeks and our sexual quotient was at maximum. Even though

we'd sated ourselves the night before I was still as horny as hell, and

when it turned out that one of our flip back seats was damaged I took

the opportunity to let Phoebe sit in my lap.

We only did this because there were fun loving adults surrounding us.

The mood was right and the beer was flowing. That's the time when you

know that as long as the authorities don't get involved, the people

around you would bother you.

It was easy to unzip and move Phoeb's knickers to one side. (Skirts,

can't live without em.) I know for a fact that we were the center of

attention, even though most of the folks "pretended" not to notice. It

ended up with another couple copying us and I enjoyed watching them

fuck. I always enjoy watching - almost as much as doing.

{A note from Phoebe: Michael's making me sound like a slut here. What

really happened was that we met a bunch of folks at the game and were

in a super partying mood. There was a lot of sex play going on, just no

one as daring as us.

The point that Michael made about the mood, really holds true, it's

amazing what you can get away with when everyone's happy and feeling

frisky. There was one guy there who kept the towel that Michael wiped

off on. I was interested in his story but got carried away with things

and lost track of him.}

6: ADVANCED CAR EXHIBITIONISM: This works several ways. Phoebe has many

times stripped down and just sat in the passenger's seat while we tool

down the interstate. We always have a CB radio in the car for the event

because half the fun is listening to the incredulous truckers talking.

It's really funny and exciting.

{A note from Phoebe: Be prepared, because even though the truckers are

enjoying it, they're talking on the open air, and the highway patrol

can be stinkers sometimes. But if you're fully clothed by the time they

stop you, there's nothing they can do.}

Another version of car exhibitionism, and one I especially like doing,

is in the back of a pickup truck. You can just kiss and you'll be

surprised what a big audience you get. We've tried many variations from

blowjobs and pussy eating all the way up to doggy style sex in the back

of a pickup. (That was on a dare.)

Any variation on this theme will be fun, and it's a little safer because

you're on the move. The only sticky part is you need a third person to

drive, and that third person will expect something for his or her

efforts.

I could go on and on with the different scenarios available, but I'm

supposed to keep this article short and sweet. I thing they feel that

readers don't want all the technical stuff, just the meat of the

subject.

At any rate, keep these thoughts always in the forefront of your mind

when performing any stage of exhibitionism.

1. Know your audience if possible.

2. Pick the right moment, the right mood.

3. Have an exit plan, (and partner if possible.)

4. Wear the right clothing for ease in disrobing.

5. Work your way up the difficulty levels, don't rush it.

6. Enjoy every moment of your experience, every first is a high.

Now go out there and show yourself off!

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